

Paul Hopwood
Consulting Ltd.
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I'm pleased to announce the **next session** of our **Business Excellence Forum**.

Facilitator: Sarah Hopwood

Dates: Tuesday 15th September 2009

Time: 1.30pm – 5.30pm. Refreshments throughout; finishing with a glass of wine.

Venue: 9 The Driveway, Shoreham-by-Sea, BN43 5GG

Cost: £50 plus VAT

Synopsis:

Striving for excellence in business is a given – but how good are we at achieving it? Spending time away from your place of work, either with colleagues or with other like-minded peers is a good way to work on your business, instead of in it, identifying key strategies enabling you to be more effective in your chosen market place. This is an opportunity to break away from the fire-fighting or cerebral frenzy giving you time and space to spend time working on your vision and goals. The tools are designed to teach you practical processes to uplift your business performance and overall ability to beat competitors

The *Chatham House Rule* will apply, allowing you to confidently share your concerns with the room. You will be given the opportunity to work on your own, in pairs and small groups, with the aid of a 30 page manual. As you unpack your business issues you can then begin to look and plan your way forward. Finding the right coordinates for your journey is crucial to the process and this session will enable you to see them clearly.

So, you could have a group from the office working on different aspects of the business or, you can have time-out with like-minded business owners. This 4 hours session is just what you need to adjust your course – maybe re-group as a team, leaving you light on your feet prepared and ready to push through new boundaries.

There are just 10 places so I look forward to hearing from you soon; please browse the comments below written after previous sessions of BEF,

With best wishes,

Sarah Hopwood
Director

Feedback

Hi Sarah, many thanks for the meeting you organised at Mack House yesterday. This day was interesting, informative and enjoyable. Plus I have made some good contacts into the bargain! It goes without saying that if you wish to arrange any future meetings in Crawley then our premises are available to you on the same basis.

I did take on board the sentiment you expressed regarding running these types of sessions under the Kinnarps name. As a possible way to promote this why not drop a line direct to our training manager explaining what you did here and attaching the delegate list from yesterday. I will speak separately with Graham and suggest it would be a good event to run internally for Kinnarps people. As he outlines our National Training Programme I am sure he would want to know more!

Thank you for a terrific training session today Sarah – I'm buzzing after it and found a combination of your tools and guidance, plus thoughts from some of the other candidates so

helpful to me in terms of clarifying what I should do with Natural PR. It was a pleasure to meet you.

Thank you for the email and attachments Sarah. Also thank you so much for a productive afternoon. I found it extremely useful and really made me think (!)

This session showed how I can bring a little discipline to the embryonic stage of our new business – and really see how to plan for the future.

A great opportunity to look through my own 'shop-window and see if I liked what was on display. [Thank you](#)

Thank you Sarah, Great course, really enjoyed it and it was really nice to spend some quality time with a great bunch of people...hope we can all keep in touch.

Thank you once again for a very enjoyable and useful forum. Lovely biscuits by the way! As discussed, I am very keen to have you as a mentor with regard to self-sabotage etc and perhaps one to one on business excellence as covered today. How do we proceed from here?

Thanks a lot for yesterday; I really enjoyed the course and sharing ideas and experience with the others. (business partner) and myself have now scheduled time tomorrow morning to go through this so I can explain things to him and we can move things forward with our business plan. Many thanks.

Thanks Sarah, Really enjoyed the afternoon - got the grey matter working, and some homework to do!

Dear Sarah, Thank you so much for yesterday; it was a really good day for so many reasons. It has to be said, that you are an excellent facilitator, keeping everyone to time, in a friendly but professional manner. The "Business Improvement" side of things was thought provoking - and so good to get things that are floating around my mind, down on to paper. It was all informal yet professional, with camaraderie, jokes and seriousness. It was also great to hear you saying things that I preach in my business to other people (but don't always do myself!) For example, it should be so easy to spend time "visualising" and therefore "attracting". I started this morning, as I mean to go on!

Thank you so much for the business improvement session at your home yesterday. As I mentioned yesterday, my behaviour changed just knowing that I was coming along to the session and now that I've taken part I am sure that both my personal and business life will improve with leaps and bounds!

Dear Sarah, a short note to say, thank you. I enjoyed the refresher. I have worked with the tools before but it is always good to exercise the grey cells and helpful to not be doing it with ones work colleagues. A different perspective and some interesting bits picked up. We are looking forward to seeing Paul.

Thanks sarah. She really enjoyed the session and found it very inspirational.